



ROCKLEY AT POOLE PARK – FURTHER INFORMATION

SAILING CENTRE ADDRESS

Rockley Watersports
Poole Park
Poole
Dorset

01202 666479 (Centre)
07770 724892 (Centre Manager)

ARRIVAL

Please register at the Rockley Watersports reception located in Poole Park, 15 minutes before your session is due to commence.

WHAT TO BRING

- Clothing
- Shorts, tshirts, tracksuit bottoms, sweatshirts
- Swimsuits, sun glasses, sun cream
- Woolly hat, sun hat
- A towel

Sailing Items

Please bring along any sailing gear you have – sailing gloves, light waterproofs, deck or non-slip shoes. If you do not have any of these we can provide buoyancy aids, wetsuits and wetsuit shoes.

BUOYANCY AIDS

These are provided by ourselves and must be worn at all times when on the water

SWIMMING ABILITIES

Buoyancy aids are worn at all times when on the water. We recommend that students are able to swim 50 metres proficiently however if this is not the case, please ensure that your Instructor is fully aware of this.

MEDICATION

Please ensure you bring all necessary medication with you and that we are aware of any physical disabilities that you may have. Please ensure all medication is labelled with the student's name.

VALUABLES

Valuables can be handed in at the office, to the Centre Manager for safe-keeping. However we can take no responsibility for valuables even if given in to our care.

DIRECTIONS

Directions to our centre can be found on our website www.poolepark.com.

From the A35, follow directions to Poole Town Centre. Once in Poole Centre you will pick up signs for Poole Park, go past the Lighthouse on your right and the bus station on your left. Enter Poole Park and our centre is on the right hand side after 500 yards.

TRAVEL

Poole Bus Station is approximately 5 minutes walk.
Poole Railway Station is approximately 10 minutes walk.

PARKING

Parking is available in Poole Park or just outside the park in the pay & display Car park by Dolphin Swimming Pool.

USEFUL NUMBERS

National Express	0870 5808080
British Rail	08457 484950
Local Taxi	01202 673223
RYA	08453 450400